



Monday
January 6, 2025

Heritage Woods Secondary

“WE ARE KODIAKS”



BELL SCHEDULE

*No Flex – 3PM Dismissal
Monday, January 6, 2025

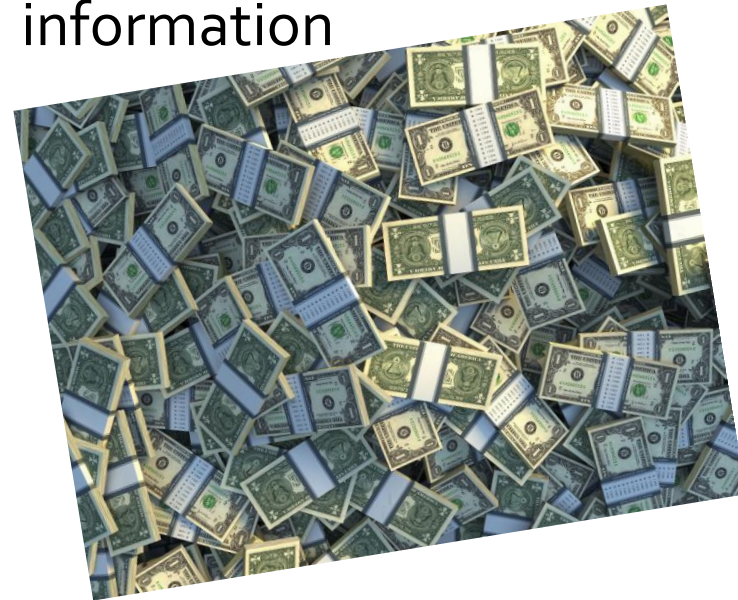
Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
Block 3	10:32 – 11:44
Lunch	11:44 – 12:28
Period 4	12:32 – 1:44
Period 5	1:48 – 3:00

REWARD

HELP NEEDED

Attention all students - We need your help. We have a Grade 12 student who lost a very important gold bracelet Tuesday morning. This belonged to Grandma and has great sentimental value. **A \$500.00 REWARD** has been offered to the person or person's leading to the return or information leading to the return of the bracelet.

Please see Ms. Woods
if you have any information.



CLUBS





Lend a Helping Hand Join Coquitlam's Snow Angels



- This winter, help your community by volunteering to clear City sidewalks for neighbours who may need assistance.
- As a Snow Angel, you'll be matched with nearby neighbours to help clear City sidewalks within 10 hours of a snowfall. Volunteers must be 16 or older or have adult supervision. To get you started, the City provides all the cozy winter gear you need, including: shovel, toque, scarf, ice cleats, mitts.
- **Why Volunteer?**
 - Keep your neighbourhood safe.
 - Fulfill community service hours for graduation.
 - Build family memories while helping together.
 - Meet new people in your community.
 - For more information or to sign up as a volunteer, visit <https://www.coquitlam.ca/363/Snow-Angels>
- **Qualifications**
 - 16 years of age or older
 - Coquitlam resident
 - In adequate physical shape and capable of clearing snow
 - Commitment: 1 to 2 homes per individual each session; the volunteer term will run all of the 2024 to 2025 winter season, with requests being weather dependent

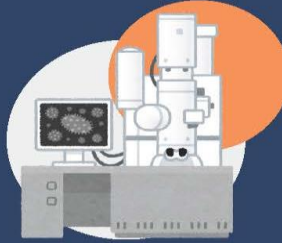


CAREER CENTER



REO

RESEARCH EXPLORATION OPPORTUNITY



Tour first-class
research facilities



Learn basic lab techniques
and experiments



Be **mentored** one-on-
one by lab personnel

GENERAL INFORMATION

REO offers high school students, especially those from *underrepresented groups in STEM, the free unique opportunity to explore research labs at partner universities across Canada during a week of spring break.

*e.g., women in tech, LGBTQ+, Indigenous peoples, racial minorities, and youth residing in rural or low-income areas

About REO at UBC

 **Eligibility:** Grades 9 - 12 students

 **Timeline:** March 17 - 21, 2025

 **Location:** UBC Vancouver Campus

For more info, check out
linktr.ee/ubcstemfellowship

SCAN HERE TO APPLY



Deadline: January 12th, 2025

STEM
Fellowship

Please direct questions to:
ubc@stemfellowship.org



Spring Break Work Opportunity with B&B Contracting



- Grade 12 students are invited to apply for the 2025 Spring Break program
- Gain Hands-on experience in the civil construction field
- Work a minimum of 80 paid hours in the field or the office as a part of our team.
- Successful applicants will be provided with Green Hard Hat and WHMIS training, as well as a variety of experiences over a two week employment (March 17th-28th, 2025).
- Students must have their own transportation to work site (7am– 3pm 5 days/week with OT potential)
- To apply students send their cover letter and resume to Tara Mihalech at tmihalech@bbcontracting.com.
- **Applications will be accepted until February 15th, 2025.** Applicants will be screened for suitability and those who are shortlisted **will be invited to attend an in-person interview** at our headquarters in South Surrey. Successful applicants will be provided with a contract for the Spring Break session. Questions can be directed to tmihalech@bbcontracting.com.
- <https://www.bbcontracting.com/work-experience-opportunity/>



January 10

